

NON PROFIT ORG.
US POSTAGE
PAID
CANTON, IL 61520
PERMIT NO. 92



ADULT	DUATHLON 3 MILE RUN 12 MILE BIKE 3 MILE RUN	TRIATHLON 500 YARD SWIM 12 MILE BIKE 3 MILE RUN
	YOUTH TRIATHLON 200 YD SWIM 4.5 MI BIKE 1 MI RUN	
SATURDAY, AUGUST 2, 2008 LAKELAND PARK CANTON, ILLINOIS		

RACE TIMES:

Friday, August 1:
5:30 to 8:00 p.m.

Canton Elks Lodge
61 West Elm Street
Pasta Dinner, Race Packet
Pick Up and Registration.

Saturday, August 2:

6:30 to 7:30 a.m.
7:45 a.m.
8:00 a.m.
8:10 a.m.
8:12 a.m.
8:14 a.m.
9:45 a.m.
10:00 a.m.

Check In
Adult Pre-Race Briefing
Adult Duathlon Starts
First Wave Starts
Second Wave Starts
Third Wave Starts
Youth Pre-Race Briefing
Youth Triathlon Starts

WHAT DO I GET?

- * Custom T-Shirt * 5-Year Age Divisions *
- * Post Race Refreshments * Swim Cap for Triathletes *
- * Bicycle Water Bottle for First 400 * Volunteers to Serve You! *

LOCATION

All races start and finish and all activities are held at Lakeland Park in Canton, IL. Turn west from IL Route 78 onto Lakeland Park Drive at the golf course on the north edge of Canton...watch and follow signs. Canton is located in west-central Illinois about 30 minutes from Peoria.

INFORMATION

Phone: (309) 647-1345 **FAX (309) 647-2463**
E-mail: lakelandclassic@sbcglobal.net
Online Registration & General Information: www.cantonpark.org

AGE DIVISIONS

ADULT DUATHLON OR TRIATHLON		
15-19	35-39	55-59
20-24	40-44	60-64
25-29	45-49	65&
30-34	50-54	Over
ADULT TRIATHLON TEAMS (No Age Restrictions)		
Male	Female	Mixed

YOUTH TRIATHLON Male & Female Divisions		
9 & 10	11 & 12	13 & 14
YOUTH TRIATHLON TEAM Any Combination Male/Female		
9 & 10	11 & 12	13 & 14

AWARDS

- 211 Awards Total
- Over-All Male & Female Adult Duathlon & Triathlon
- Top 3 Males & Females Each Duathlon & Triathlon Age Group
- Top 3 Male, Female & Mixed Adult Teams
- Top 3 Clydesdale, Clydesdale II and Athena Triathlon Finishers
- Top 3 Male & Female Youth Each Age Group
- Top 3 Youth Teams Each Age Group
- All youth participants will receive a finishers medal
- **Awards not picked up race day will be available for 30 days at the Park District Office.**

FEES	Youth		Adult Duathlon or Triathlon	
	Individual	Team	Individual	Team
Prior to 7/30/08	\$15.00	\$30.00	\$40.00	\$54.00
After 7/30 & Race Day	\$20.00	\$36.00	\$45.00	\$63.00

