



## YOUTH BIKE COURSE

The Youth Bike Course begins just outside the transition area in the Nagle Parking Lot.

Bikers begin by heading south on Nagle Drive. At the T intersection, the bikers angle to the right (southwest) and begin riding on the trail.

Bikers will follow the trail around the perimeter of the park until they return to the hard road. At this point, they turn right (west) onto Ems Way and then take another right (north) onto Nagle Drive again.

Follow Nagle Drive back to the transition area where they dismount, rack their bicycle, and prepare for the one (1) mile run.

The BLUE line in the picture at left represents the YOUTH BICYCLE COURSE.